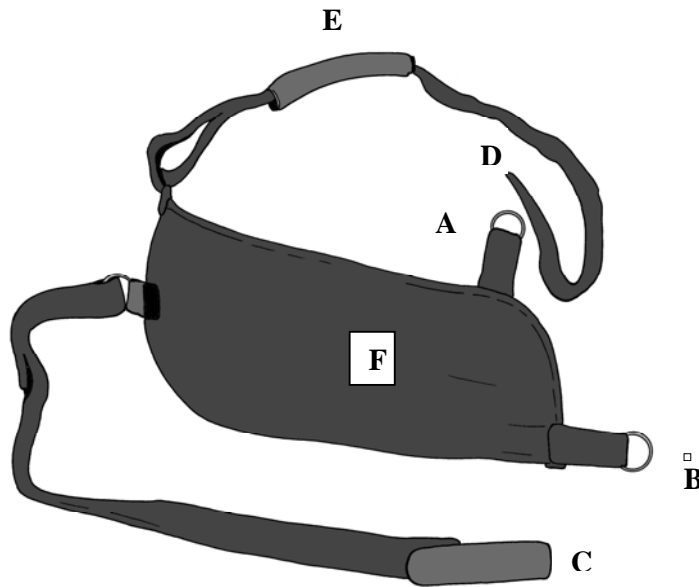
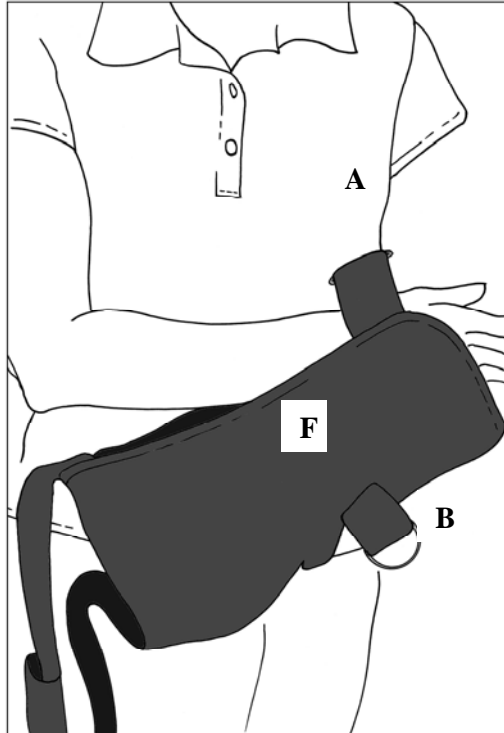


## HOW TO APPLY A SLING

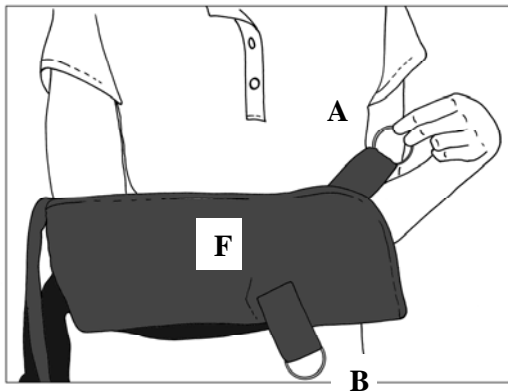


- A = Top ring**
- B = Side Ring**
- C = Waist Strap**
- D = Shoulder Strap**
- E = Neck Pad**
- F = Arm Cover**

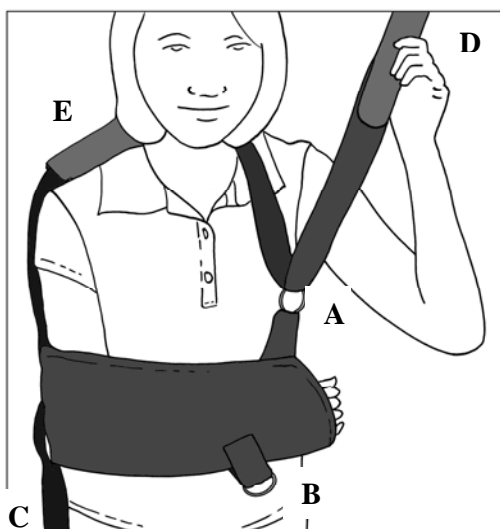


**Firstly, place your hand (of the affected side) into the cover (F).**

**Secure the cover (F) around the elbow**

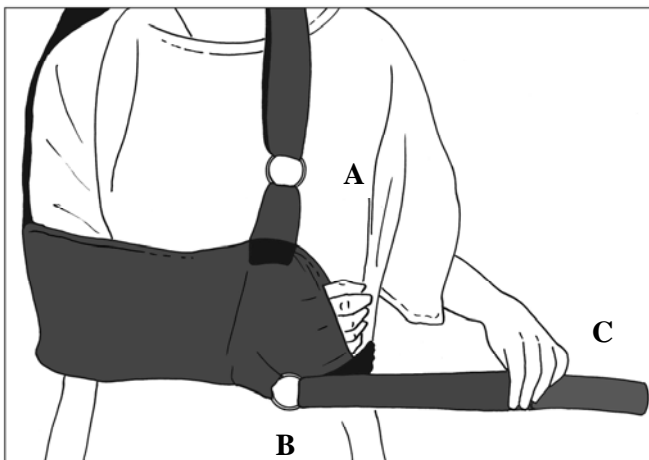


Elbow should fit snugly into corner of the cover (F).



Pull shoulder Strap (D) through top ring (A) and secure shoulder strap (D) back onto itself with the Velcro.

**Note: Elbow should be resting at 90 degree angle.**



**Note: Shoulder strap comes behind the affected shoulder.**

Pull waist strap (C) through side ring (B). Secure back onto it self with the Velcro.

